

MANGROVES

BISTRO PLATES

Soup du Jour or House Made Chili

cup 5/ bowl 8

French Onion Soup en croute 12

Soup & Scoop 9

cup of soup & a scoop of chicken, tuna, egg salad or cottage cheese

Deli Sandwich & Side half 8.50, whole 12

french fries, sweet potato fries, potato salad, slaw, house chips or fresh fruit.

Soup & Half Sandwich 10

Soup & Whole Sandwich 13

meats: *ham, turkey, corned beef, egg, tuna, or chicken salad*

cheeses: *american, swiss, cheddar, provolone, pepper jack*

breads: *white, wheat, rye, sourdough, marble rye, pita*

APPETIZERS

Fish & Vegetable Tempura 15

tempura cod fish, bell pepper, broccoli, onion, sweet potato, sweet soy sauce & roasted garlic yellow aioli.

Spanish Grilled Octopus 16

confit potato, spanish paprika aioli and red peppercorn infused oil.

Loaded Steak Pub Fries 13

pub fries, sauteed steak, onions, peppers, cheese sauce, chopped tomato & scallions.

Chicken Liver Pate 14

beignets, fig marmalade, house cornichons

GF Chicken Wings 13

choice of buffalo sauce, B.B.Q sauce or garlic parmesan, carrots & celery sticks

GF Shrimp Cocktail 14

florida pink shrimp, fresh atomic cocktail sauce

SALADS

add grilled chicken 4 | add salmon or shrimp 6
add grouper 8

Roasted Beets & Feta Salad 14
roasted beets, mix greens, spinach, toasted walnuts,
orange supreme, champagne vinaigrette.

Portobello & Burrata Salad 16
grilled portobello mushroom, arugula, burrata
cheese, caramelized onions, pine nuts, rosemary oil.

Roasted Pumpkin Salad 14
roasted pumpkin, spinach, toasted pumpkin seeds,
grilled red onions, ginger-orange dressing

Poached Pear & Prosciutto Salad 15
port wine pear, arugula, frisee lettuce, toasted
almonds, crispy prosciutto, strawberry vinaigrette

Grilled Chicken Cobb 15
grilled chicken, mixed greens, avocado,
bacon, egg, bleu cheese | *petite 12*

Sugar & Spice Salmon Salad 17
seasoned seared salmon, mixed greens,
mandarin oranges, fresh berries | *petite 15*

ENTREES

includes a starter, chef's selection of vegetables,
and your choice of starch.

Filet Oscar 38
grilled 8oz filet, crab meat, grilled asparagus,
bearnaise sauce

Liver & Onions 28
onions, bacon, demi sauce, whipped potato

72-hour braised Short Rib 31
natural jus demi glaze, tobacco crispy onions

Sea Scallops Gratin 28
seared, parmesan cheese,
roasted red pepper cream sauce

Crispy Half Duck 29
fondant Japanese sweet potato,
roasted sesame carrots, blueberry gastric

Braised Lamb Shank 31
dried fruit farro ragout, mint gremolata

Dinner Chicken Breast 26
piccata - *picatta sauce, fried capers, sage and
lemon slice*
marsala - *marsala sauce, smoked wild mushrooms*

COMFORT FOODS

Beef Bolognese Pappardelle 26
pappardelle pasta, pecorino cheese, garlic bread

Shrimp Scampi 27
linguini, charred sherry tomato, sauteed spinach,
garlic bread

GF Stir Fry Bowls 23
shrimp, crispy or grilled chicken,
ginger sauce, steamed white or brown rice

Grouper Sandwich 22
grilled, blackened or fried filet of grouper
from local waters, caper tartar sauce, choice of side

House Prime Burger 15
handmade ground angus beef,
choice of cheese, toasted challah bun,
choice of side

Lobster Roll 25
fresh maine lobster, old bay mayo, celery,
iceberg, grilled brioche bun, choice of side